

# Meal Planning Mommies Copy Cat Restaurant Recipes Grocery List

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## Monday: McDonald's Fillet O Fish Sandwich and T.G.I.Friday's Baked Potato Skins

### **Baked Potato Skins**

10 baked potato halves  
1 Tbsp. melted butter  
Seasoned salt, to taste  
3/4 cup shredded Cheddar cheese  
5 strips of cooked and crumbled bacon  
1 green onion, diced

### **One Filet O Fish sandwich**

1 Gorton's breaded fish fillet  
1 plain hamburger bun  
1 Tbsp. mayonnaise  
1 tsp. minced onion  
1 tsp. sweet relish  
Pinch of salt  
1 slice American cheese

## Tuesday: T.G.I.Friday's Sizzling Chicken and Cheesy Potatoes

### **Ingredients for Sizzling Chicken and Cheesy Potatoes:**

2 (4 oz.) chicken breasts  
2 Tbs. chopped garlic  
2 Tbs. chopped parsley  
1 tsp. crushed red chilies  
1/4 tsp. black pepper  
1/4 tsp. salt  
4 divided Tbs. olive oil  
1 julienned green pepper  
1 julienned red pepper  
1 julienned yellow onion  
4 cups cooked mashed potatoes  
1/2 cup shredded Chihuahua white cheese  
2 slices American cheese

## Wednesday: Taco Bell Mexican Pizza and McDonald's Yogurt Parfait

### **Ingredients for Mexican Pizza**

1/2 pound ground beef  
1/2 tsp. salt  
1/4 tsp. dried minced onion  
1/4 tsp. paprika  
1-1/2 tsp. chili powder  
2 Tbs. water  
1 cup cooking oil  
8 (6") flour tortillas  
1 (16 oz.) can refried beans  
2/3 cup mild salsa  
1/3 cup diced tomato  
1 cup shredded Cheddar cheese  
1 cup shredded Monterey Jack cheese  
1/4 cup chopped green onion  
1/4 cup sliced black olives (optional)

### **Ingredients for Yogurt Parfait:**

4 cups vanilla yogurt  
2 (10 oz.) packages thawed frozen sliced strawberries  
1/3 cup thawed frozen blueberries  
1/2 cup crunchy granola

## Thursday: Benihana Fried Rice and Marinated Steak

### **Fried Rice Ingredients:**

5 Tbsp. butter  
1 cup chopped onion  
1 cup chopped carrots  
2/3 cup chopped green onions  
3 tsp. sesame seeds  
5 eggs  
1 cup cooked rice  
5 Tbsp. soy sauce  
salt, to taste  
pepper, to taste

### **Meat Marinade:**

1 Tbsp. grated apple  
2 Tbsp. soy sauce  
1 Tbsp. grated garlic  
1 Tbsp. sesame oil  
1 Tbsp. sesame seeds  
3/4 pounds thin-sliced boneless beef top sirloin steak  
(could also use 3/4 pound shrimp, chicken, or scallops in place of the steak)

## Friday: Olive Garden Toasted Ravioli and Cheddar Garlic Biscuits

### **Ingredients for Toasted Ravioli:**

1/4 cup water  
2 eggs  
1 tsp. Italian seasoning  
1 tsp. garlic salt  
1 cup plain bread crumbs  
1 cup flour  
1 (16 oz.) package meat-filled ravioli

### **Ingredients for Cheddar Garlic biscuits:**

2 cups Bisquick® baking mix  
2/3 cup milk  
1/2 cup shredded cheddar cheese  
2 Tbs. melted butter  
1/8 tsp. garlic powder  
(some people add 1/4 tsp. of parsley flakes but I didn't)